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## **Visual training, the alpha activation cycle and reading.**

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### **Abstract**

Two patients with visual problems and reading difficulties originally unable to suppress alpha have been shown to demonstrate alpha rhythm attenuation during the course of and after a program of visual training with simultaneous improvement in reading performance. No direct training of alpha attenuation was engaged in. No other therapy directed toward solution of the patients reading or behavior problems was attempted during the course of visual training. It is concluded that the change in alpha activation and the improvement in reading were both brought about by the combined visual therapy and reading glasses. Further research concerning the number and proportion in the population of learning disabled who respond similarly to the cited cases is presently being undertaken by the author.

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