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Extension of a recent therapy for dyslexia.

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Abstract

Recently, peculiarities of visual perception were found in dyslexic patients. Therefore, we investigated visual acuity, reading and spelling capabilities, as well as peripheral letter recognition in 54 children with reading and/or spelling problems. Subsequently, the children and their parents trained at home for approximately 0.5 h daily during 2-3 months. Training consisted of reading through a small aperture and of visuomotor coordination tasks. The mean results obtained in a reading test for all patients improved significantly after the training, but less so than those recorded in previous studies on children suffering from dyslexia. Although the therapy clearly improved performance, it was less specific than previously claimed.

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