

## Patient Health and History

### *About Your Eyes*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

What specific problem with your eyes brought you into our office? Please explain: \_\_\_\_\_

Last eye exam: \_\_\_\_\_ Occupation: \_\_\_\_\_

Have you been prescribed glasses?  Yes  No If yes, how often do you wear them? \_\_\_\_\_

Do you spend time at the computer?  Yes  No If yes, how many hours per day? \_\_\_\_\_

Do you wear contacts?  Yes  No If yes, name of contacts? \_\_\_\_\_

**Do you frequently experience or have:** (please check all that apply)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Blurred vision at near     | <input type="checkbox"/> Itchy, Burning, Red   | <input type="checkbox"/> Floaters                  |
| <input type="checkbox"/> Blurred vision at distance | <input type="checkbox"/> Burning eyes          | <input type="checkbox"/> Color vision difficulties |
| <input type="checkbox"/> Eye pain / Pressure        | <input type="checkbox"/> Dry eyes              | <input type="checkbox"/> Night vision problems     |
| <input type="checkbox"/> Red eyes                   | <input type="checkbox"/> Discharge from eyes   | <input type="checkbox"/> Extreme light sensitivity |
| <input type="checkbox"/> Watery / Discharge         | <input type="checkbox"/> Headaches / Migraines | <input type="checkbox"/> Other _____               |

**Eye Disease:** Do you **now**, or have you **ever** had, any of the following eye complications?

- |   |   |                                       |
|---|---|---------------------------------------|
| <input type="checkbox"/> Diabetic Retinopathy | <input type="checkbox"/> Cataract           | <input type="checkbox"/> Lasik/ PRK   |
| <input type="checkbox"/> Macular Degeneration | Surgery Date: _____                         | Surgery date: _____                   |
| Wet or Dry? _____                             | <input type="checkbox"/> Amblyopia          | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Glaucoma             | <input type="checkbox"/> Eye injury: _____  |                                       |
| Name of Drops? _____                          | <input type="checkbox"/> Eye surgery: _____ |                                       |

### About Your General Health

Family Physician/Clinic: \_\_\_\_\_ Last Exam: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Do you currently have any of the following problems?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> High blood pressure         | <input type="checkbox"/> Thyroid disease               | <input type="checkbox"/> Concussions / TBI                          |
| <input type="checkbox"/> Heart disease               | <input type="checkbox"/> Stroke / Neurological disease | <input type="checkbox"/> Respiratory                                |
| <input type="checkbox"/> ADD / ADHD                  | <input type="checkbox"/> Ear / Mouth / Nose / Throat   | <input type="checkbox"/> Other: _____                               |
| <input type="checkbox"/> Cancer: Type: _____         | Diagnosis Year: _____                                  | Remission: <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> Diabetes: Onset Year: _____ | Blood Sugar Levels: _____                              | A1c: _____  |
- Are you pregnant?  Yes  No      Are you nursing?  Yes  No

Do you smoke / vape?  Yes  No If yes, how much per day? \_\_\_\_\_ How many years? \_\_\_\_\_

Alcohol use:  None  Social use only  1-2 drinks per day  3 or more drinks per day

**Medications:** Please list all medicines you take, including aspirin and supplements:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Allergies:** Please list all allergies to medicines that you have and the reactions they cause:

\_\_\_\_\_

**Have any of your family members been seen in our clinic?** If so, please list their names:

\_\_\_\_\_