Tele-Optometry Visual Acuity Test

Instructions:

1. Select a well-lighted room that is at least 10 feet long.
2. To access the visual acuity chart on your computer, type the following in your web browser: https://secouniversity.com/acuity/
3. Adjust the size of the credit card image to match an actual credit card held to the screen by using the sliding scale on the bottom of the screen to zoom in or out.
4. When the credit card image is identical to the actual credit card, the chart is calibrated for 10 feet. Click on the icon with the 4 arrows on the bottom right of the screen to access Full Screen view of the eye chart.
5. Measure 10 feet from the computer monitor. You will stand here during the testing.
6. If you wear glasses or contact lenses for distance vision, the glasses or contact lenses should be worn during the test.
7. While standing at your 10-foot marker, cover one eye with your hand without applying any pressure. Make sure you have your eye fully covered during testing.
8. Read the letters starting from the top. Continue to the bottom row or until the letters are too difficult to see.
9. Write down the number of the smallest line seen correctly (the line with the majority of the letters correctly identified). Example: If you were able to read 5 out of 8 letters on line 8, you would write 20/25.
10. Now repeat the test with the other eye covered and record the results.

**Record your results for each eye. Make a note of whether you wore glasses or contacts during the testing. This information will need to be reported to your doctor during your telehealth evaluation.