Vision Development Institute, P.C. Hans F. Lessmann, O.D., F.C.O.V.D. Towne Centre Offices Suite 130 1789 South Braddock Avenue Pittsburgh PA 15218

Phone (412) 731-5007

FAX (412) 731-5251

Thank you very much for your interest in the Vision Development Institute. Enclosed you will find a patient history questionnaire.

Please return all of the attached forms as they may apply to your case to our office so that we can have time to review your case and make any calls before your scheduled appointment.

Please anticipate weather and local traffic conditions and plan to arrive approximately 15 minutes before your scheduled time on this first visit.

If you have not already done so, please send a \$25.00 Registration Fee to the above address immediately, to reserve your scheduled time. This non-refundable deposit will then be applied to the total fee, leaving the balance due and payable at the time of the exam.

An audio taped summary of your conference will be provided upon request. There is an additional fee for any written reports, if you request them.

Please be sure to <u>attach a current photo</u> in the appropriate spot on the form provided.

We look forward to working with you in what appears to be a very interesting case.

Sincerely,

THE VISION DEVELOPMENT INSTITUTE

NOTE: If you are covered by health insurance, please bring a completed form and/or your insurance ID cards with you. (A Major Medical Form if Comprehensive Blue Cross and Blue Shield). All fees are due and payable at the time of the evaluation by check, cash, Debit card, MasterCard, Visa, Discover or American Express.



## INTRODUCING ...

Patient s Name:		
	Diagram of the character of the character is a manager of the char	
	Please attach a recent photo here.	
Email address:		

Please send, prior to your appointment if possible, otherwise bring with you to the initial visit any reports from doctors or clinics or school that you may be able to share with our staff.

Vision Development Institute	Confidential Infan	t History	Visit Date://
Name:			:/
Home Phone:			
Home Address:Street		City	State Zip Code
Parent(s) or Guardian(s):		_Adult(s) Occupation:	·
Parent(s) or Guardian(s):			
How did you learn about	□Current Patients	□Friends/Family	□Ads
our program?	□Website		□Referred by Dr
1 3	_		
Eye History			with at analys
Have you ever noticed any of the follo			
	_	_	ound eyes
Explain any eye concerns noted by ob	serving child:		
Davidonmental and Health History			
Pregnancy Length of pregnancy: weeks	List any complications d	uring pregnancy:	
Other Pregnancy issues:			Check if pregnancy uncomplicated
Delivery			
Birth Weight	Parent's ages	at time of birth: Mother	Father
List any complications during delivery			
Was oxygen used? No Yes	APGAR score	e at birth: (if known)	Check if delivery uncomplicated
Medical Child's Doctor:	Las	t Exam DateAr	e immunizations up to dateYes No
Does your baby have any known food	or drug allergies?	NoYes:	
Check all of the following that your bal	by can do at this time: _	_Roll overSitCra	awlStandWalk
Has your baby ever had a high temper	rature (fever)?No	Yes, how high?	
Does your baby suffer from colic?	_NoYes, grade	_mildmoderate _	severe
Has you baby ever had tubes in the ea	ars:No	⁄es	
Please List any childhood illnesses yo	ur baby has had:		
	IllnessAg	e at the time. Was the illne	ss?mildmoderatesevere
	IllnessAg	e at the time. Was the illne	ss?mildmoderatesevere
List ALL medications taken regularly:	None List		
Please list any other conditions or beh	naviors we should know	about:	
Family History- Please list any family	member with a history of	of eye or medical problems.	List the relation and type of problem.
Thank you for carefully completing this time and will contribute to the unde			ow for a more efficient use of examination
	-	·	
Parent/ Guardian Signature			<del></del>



# **Lifestyle Checklist**

	Development institute, P.C.			
Name:_	HCS	_ PRE	POST	INTERIM
	Please assign a value between 0 and 4 for each symptom. 0=never or non-existent / 1=seldom / 2=occasionally / 3=frequently / 4	=always		
	date			
1	Blurred vision at near			
2	Double vision			
3	Headaches associated with near work			
4	Words run together when reading			
5	Burning, stinging, watery eyes			
6	Falling asleep when reading			
7	Vision worse at the end of the day			
8	Skipping or repeating lines when reading			
9	Dizziness or nausea associated with near work			
10	Head tilt or closing one eye when reading			
11	Difficulty copying from the chalkboard			
12	Avoidance of reading and near work			
13	Omitting small words when reading			
14	Writing uphill or downhill			
15	Mis-aligning digits in columns of numbers			
16	Reading comprehension declining over time			
17	Inconsistent/poor sports performance			
18	Holding reading material too close			
19	Short attention span			
20	Difficulty completing assignments in reasonable time			
21	Saying I can t before trying			
22	Avoiding sports and games			
23	Difficulty with hand tools-scissors, calculator, keys, etc.			
24	Inability to estimate distances accurately			
25	Tendency to knock things over on desk or table			
26	Difficulty with time management			

Forgetful, poor memory

Car sickness/motion sickness

Difficulty with money concepts, making change Misplaces or loses papers, objects, belongings

27

28 29

30

Total Score

# POST-CONCUSSION SYMPTOM SCALE

Please use the following scale to rate each symptom:

	None		Mild	Mo	<b>Moderate</b>	S	Severe
	0	_	N	ω	4	ОП	თ
SWOTOMS			n	SEVERITY B	BATING		
	Date:	Date:	Date:	- 1	Date:	Date:	Date:
Headache		-					
Nausea							
Vomiting							
Balance Problems							
Dizziness (spinning or movement sensation)							
Lightheadedness							
Fatigue							
Trouble falling asleep							
Sleeping more than usual							
Sleeping less than usual							
Drowsiness		i e		3			
Sensitivity to light							
Sensitivity to noise							
rritability							
Sadness							
Nervous/ Anxious							
Feeling more emotional				-			
Numbness or tingling							
eeling slowed down							
eeling like "in a fog"							
Difficulty concentrating							
Difficulty remembering							
/isual problems							
Other							
Total				*.			

# Directions to Edgewood Towne Centre Vision Development Institute, PC 1789 S. Braddock Ave, Ste 130, Pittsburgh PA 15218 – 412-731-5007

The Towne Centre Offices, in the Edgewood Towne Center shopping complex, is a five-story brown brick building that is next to PNC Bank, and Giant Eagle. Our office is on the first floor through the front entrance and we are the only suite #130 before you go up the elevator. Free Parking. Many shops, restaurants, and fast food can be found in the Edgewood Towne Centre. Before 8:00 AM and after 5 PM weekdays, and 24 hours on weekends, the building is secured. You will be asked to sign in by the security guard if you enter during those times. If the front door is locked, please knock to get the attention of the security guard.

### From The North (also see From the West below for I-79, 279,579)

Routes 8 and 28: use Washington Blvd. turn left onto Penn Avenue and then turn right on S. Braddock Avenue at the Shell gas station. Follow S. Braddock Avenue past Frick Park and Forbes Avenue through Regent Square, under the Parkway to the Edgewood Towne Centre Offices on the left. See additional detail above.

### **From the South**

Route 837 to the Rankin Bridge – head straight through the traffic light and up the hill to the second light onto Braddock Avenue. Stay on Braddock through two stop signs and three traffic lights and be in the left lane at the Arby's restaurant. Jog left, then down and under the railroad tracks. Towne Centre Office building will be immediately to your right.

### **From the East**

Follow the Parkway East inbound (I-376 West) to exit 7 Edgewood/Swissvale. At the end of the off-ramp, turn left onto S. Braddock Avenue, keeping in the left/center lane up to the hill. At the 2nd light turn left into Edgewood Towne Centre and park to the right of Giant Eagle. See additional detail above.

### From the West (Airport, I-279, I-376 E, I-79, I-579 N)

Enter the city, getting onto the Parkway East (I-376 E to Monroeville) from the Fort Pitt Bridge or Blvd. of the Allies. Continue on I-376 E through the Squirrel Hill Tunnels and take Exit 7 Edgewood/Swissvale. Upon exiting, bear right toward Swissvale and turn left at the stop sign. At the BP station at the bottom of the hill, turn right onto S. Braddock Avenue. Keep in the center lane up the grade to the second traffic light. Turn left from the center-left lane then right at the Giant Eagle toward Towne Centre Offices.