

Professionals and Sports Vision



Dr. Randy Schulman
Dr. Jason Grygier
Dr. Diana Ngo
Dr. Justin Rapp
Dr. Steven Shaby
Dr. Sonia Singh
Dr. Magy Tepliz

Sports vision training is embraced by major professional athletes including:

- NFL Players Larry Fitzgerald, Matt Ryan, and Patrick Chung
- MLB Players Bryce Harper and Andrew McCutchen, and the Cincinnati Reds organization
- NHL Players Braden Holtby, Brian Pothier, and Christopher Higgins
- NBA Players Stephen Curry and Kawhi Leonard
- PGA Golfer Ernie Els
- NASCAR Driver Dale Earnhardt Jr.

Our Locations

Southport

2600 Post Road, Southport, CT 06890
(203) 255-4005

Trumbull

6515 Main Street, Trumbull, CT 06611
(203) 374-2020

Norwalk

444 Westport Avenue, Norwalk, CT 06851
(203) 840-1991

Stamford

1425 Bedford Street, Stamford, CT 06950
(203) 357-0204



Concussion Management

At EyeCare Associates, our doctors and vision therapists have years of experience treating concussions and mild traumatic brain injuries in athletes. With over 60% of concussion patients experiencing visual issues, it is important to receive a functional vision test following any head injury. Consult with us today, so we can get you back on the field faster!

EyeCare Associates, PC

www.cteyecareassociates.com

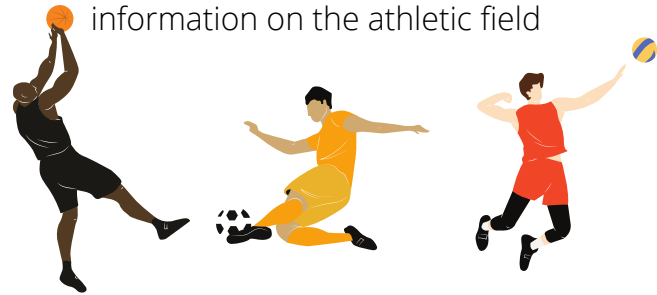
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Sports Vision Training

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Vision is the most important skill for any athlete and can be trained. Vision training enhances:

- Clarity of eyesight, eye-teaming, tracking, focusing, peripheral awareness and eye-hand-body coordination
- Speed of processing, visualization and ability to react quickly to visual information on the athletic field



What activities are performed in sports vision training?

Through the use of specialized lenses, prisms, and training techniques, our team trains athletes to use their vision at the highest level to enhance sports performance. Our vision training tools include Nike SPARQ Vapor, Strobe glasses, Acuvision boards, FitLights and touch screen SVI software.

Sports Vision Evaluation

Our team of doctors and therapists run specialized visual performance tests and perform comprehensive vision evaluations encompassing all of the visual skills required to perform specific sports functions. Testing varies depending on the sport and position the athlete plays.

Vision screenings can be performed on the athletic field or sports facility by our doctors and training staff. Athletes may then be brought to our office if a further evaluation is necessary.

When working with entire sports teams, our doctors and therapists are also available to train the team at their own facility. Contact us today to schedule an evaluation or training for your athletes.



Sports Vision Enhancement



Scientists understand that over 80% of brain input comes from the visual system. Sports vision training optimizes this system to heighten performance for athletes of all sports and ages.

Sports vision focuses on the following skills:

- Improving reaction and response times
- Enhancing ball, puck, and object tracking
- Maintaining high performance when fatigued
- Increasing speed in passing, catching and eye-hand coordination
- Heightening peripheral awareness
- Visualizing plays and routes
- Improving clarity of vision