



health
alert
series

COVID-19

c o r o n a v i r u s

SOCIAL DISTANCING

Help prevent the spread of COVID-19 by maintaining these social distancing measures.

- Stay 6 feet away from others in public.
- Wash hands after being in public places.
- Avoid crowds & large gatherings.
- If COVID-19 is nearby, stay home.
- Avoid all non-essential travel & cruises.
- Avoid close contact with sick people.
- Stay home if sick, but contact your medical provider.

