



## CHILDREN'S VISION SYMPTOMS CHECKLIST



Current research shows that about 20% of school age children have undetected vision problems, which is hindering their school performance. Many of these children have passed their school's vision screening which is only designed to check children's distance vision as measured by the 20/20 line on the eye chart. Children can have 20/20 eyesight and still have vision problems in other areas such as coordinate both their eyes as a team, track print across a printed page without losing their place, adjust focus when looking from near to far and other areas that affect their learning in school and at play.

The following checklist on the attached page shows common symptoms children with hidden vision problems can exhibit. This checklist is an excellent screening tool to evaluate if your child is at risk for vision based learning or attention problems. Children who are struggling with undetected vision problems often fail to progress well in school.

*A score above 20 is fail and an exam with pediatric or optometrist is recommended.*

Dr. Pamela Schramm, O.D. of Brookfield Vision Care is an award-winning pediatric optometrist and treats patients as young as age three for behavioral optometry, visual processing and eye infections.

**In Good Health:**

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Commitment to Quality Eye Care

## Checklist of Common Symptoms of Hidden Vision Problems

Place a checkmark in the column that best describes your child:

How frequently does it happen?	NEVER <u>0</u>	A LITTLE <u>1</u>	SOMETIMES <u>2</u>	A LOT <u>3</u>	ALWAYS <u>4</u>
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1. Headaches w. reading/writing
2. Words slide together or get blurry
3. Reads below grade level
4. Loses place while reading
5. Head tilts or closes eye when reading
6. Hard to copy from board
7. Doesn't like reading/writing
8. Leaves out small words when reading
9. Hard to write in a straight line
10. Burning, Itching or watery eyes
11. Poor comprehension
12. Holds book very close
13. Hard to pay attention when reading
14. Hard to finish assignments on time
15. Bumps into things, knocks things over
16. Homework takes too long
17. Day Dreams
18. Gives u easily (says " I can't won't try)
19. Off tasks in school

Number of total marks in each column	_____	_____	_____	_____	_____
	X0	X1	X2	X3	X4

Multiply total marks in each column by:

SCORE FOR EACH COLUMN

If your child's score is more than 20 he or she has greater than 80%

chance of having a vision problem that is interfering with learning. The good news is these children can be helped!

**Contact Brookfield Vision Care for your child's appointment before the school year.**