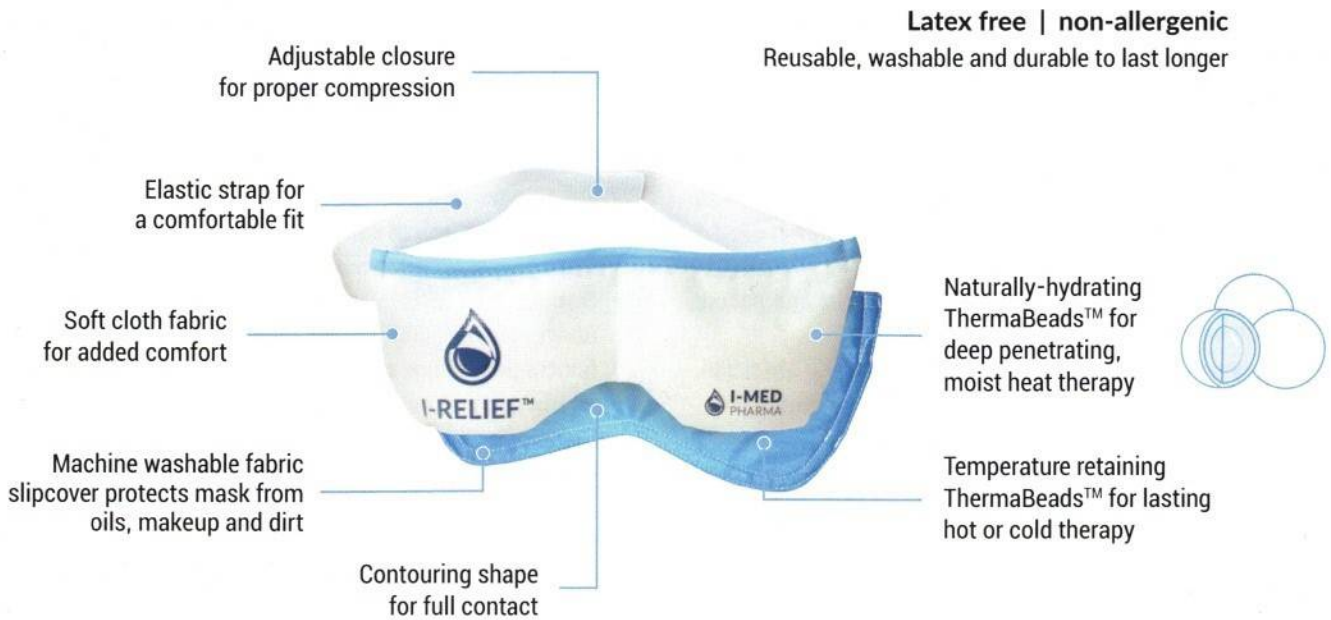


I-RELIEF™

HOT & COLD THERAPY EYE MASK WITH THERMABEADS™

RELIEF WHILE YOU REST

Hot & Cold Therapy Eye Mask with ThermaBeads™ for the relief of symptoms associated with Blepharitis, Dry Eye Disease, Meibomian Gland Disease (MGD), Styes and Chalazia, as well as Headaches, Sinus Pressure, Tension, Swelling and Puffiness.



SYMPTOMS
Red, swollen eyelids
Gritty, itchy, burning or stinging sensation around the eyes
Crusted eyelashes
Flaking of skin around the eyes
Painful, watery eyes
Sensitivity to light
Foreign body sensation
Blurred vision

USED HEATED
Stimulates glands to produce more oil
Prevents tears from evaporating too quickly
Improves blood circulation
Helps to relax the eyes
Increases comfort



SYMPTOMS
Headaches
Sinus pressure
Tension
Swelling or puffiness around the eyes
Red, tired & painful eyes

USED COLD
Helps to reduce perceived "heat" of irritated eyes
Constricts blood flow to reduce inflammation
Helps to relieve eye strain
Increases comfort

INSTRUCTIONS FOR USE:

Use protective slipcover to keep mask clean of oils, makeup and dirt. Remove slipcover and wash as required.

HOT THERAPY: Use hot therapy for relief of symptoms associated with Blepharitis, Dry Eye Disease, Meibomian gland disease (MGD), Styes and Chalazia.

DIRECTIONS:

1. I-RELIEF™ mask must be at room temperature before heating.
2. Insert I-RELIEF™ mask inside protective slipcover (optional) and place flat on clean microwave safe dish.
3. Set microwave power to high and heat for 20 seconds. **Before applying**, always touch the I-RELIEF™ mask with fingers first, to test for desired temperature. If the mask is too hot, allow it to cool for 1-2 minutes and test again. For additional heat, microwave in 5 second increments until desired temperature is reached. **Do not exceed a maximum of 30 seconds of heating.**
4. Place I-RELIEF™ mask over closed eyes and secure with adjustable strap, if preferred.
5. Wear for 3 to 5 minutes or as directed by a physician. **Do not apply for more than 20 minutes at a time.**

COLD THERAPY: Use cold therapy to help relieve headaches, sinus pressure, tension, swelling and puffiness.

DIRECTIONS:

1. Insert I-RELIEF™ mask inside protective slipcover (optional) and place in a sealable plastic bag, in the freezer for 30 minutes.
2. Remove I-RELIEF™ mask from freezer and plastic bag, and place over closed eyes, securing with adjustable strap, if preferred. Wear for 5 to 7 minutes or as directed by a physician.

I-RELIEF™ Mask Care:

Remove slipcover. Hand wash only in cold water with a mild detergent. Rinse thoroughly. Gently squeeze out excess water (do not twist). Lay flat on clean, ventilated surface for a minimum of 24 hours or until fully dry. Wash immediately if exposed to food, oils, grease or other dirt.

Slipcover Care:

Machine wash in warm water on regular cycle with like colors, using regular detergent. Machine-dry on low heat. Wash slipcover as often as necessary.

Storage:

Store I-RELIEF™ mask in cool dry place. Keep away from flames.

WARNINGS AND PRECAUTIONS:

- **For external use only**
- **Keep out of reach of children.**
- Do not apply for more than 20 minutes at a time.
- Dispose of I-RELIEF™ mask if punctured or broken.
- Always test I-RELIEF™ mask temperature with fingers prior to use on eyes.
- Overheating or prolonged application may cause injury.
- Do not use on infants.
- Do not apply to sensitive skin, skin with no sensation, or open wounds.
- Do not boil.
- Overheating in a microwave may damage I-RELIEF™ mask.
- Do not ingest contents.
- Warm according to instructions. Do not apply if too hot.
- Do not fall asleep using I-RELIEF™ mask.
- People with diabetes, circulation disorders, skin infections, etc. should consult with their doctor before use.
- Consult your doctor if your condition worsens or irritation develops.

I-MED Pharma's ocular surface disease product range includes:



Diagnostic
Tools



Viscoadaptive
Eye Drops



Ocular
Hygiene



Nutrition

SEE THE DIFFERENCE

Canadian customers visit osdcare.com

International customers visit imedpharma.com

514-685-8118 | 1-800-463-1008