

## Questions for Testimonials Interview

### 1. Tell us a little about yourself.

My name is Susan Flex. I am a wife and mother of 9 children and currently 16 grandchildren. I have home-educated my children and all are graduated. My degree was in Therapeutic Recreation but only practiced that before graduation and a year afterwards. I enjoy gardening, cooking and health related topics. Mothering has been my biggest delight.

### 2. Why you decided to seek our services.

My husband in November , 2019, had a stroke which left him with peripheral vision issues and memory, processing trouble. From the hospital he had evaluations from Speech, OT and PT. The OT told me that if the vision didn't come back in several months that I might want to check out Developmental Therapy for him. She mentioned prism glasses that might help as he is restricted to drive. I tucked away that info and when we reached 4months, I contacted Scott Eye and investigated the process.

Talking with Dr. Chula gave me such a great peace. She understood my concerns and gave us hope. Also mentioned my daughter who has had years of vision issues, migraines, dizziness, foggy brained, and she said that she could be helped as well. So we made appts for both.

### 3. Did you find our services helpful? How so?

The atmosphere and every personnel we came in contact with were extremely kind and caring! We have been to sooooo many doctors and that hasn't always been the case. Very refreshing and reassuring that people do care when you are hurting.

### 4. Can you describe any changes they/you experienced.

Both Husband and Daughter started the mandatory 12 days regimine. I saw personality changes, more calm, peaceful, funny. Some days they were tired and slept when they got back, other days they were very productive and did way more then I had seen in months/years.

My husband started "seeing" images when he would awake. Mind's eye got started or awakened. As long as I can remember he never had one before this therapy. His processing is much better and mood swings not as dramatic.

Johanna during the 12/14 days was more like her old self. Similar to Ron, she had more energy, more congenial. Still waiting for headaches to go and for film/screen - like over her eyes to go, but her eyes aren't hurting anymore!

### 5. Would I recommend our sevices to others?

YES! YES! YES!

6. Any other thoughts or comments?

I think the whole understanding of neuroplasticity is fascinating and we as a whole are just tapping into the vastness of it. We are so fearfully and wonderfully made and it complex. I know that with a stroke, 6 mo is kind of a first marker and you don't look at anything before that point...but that healing can take a year or two. Thankfully, we found this therapy ( only wish we had started sooner), and we are trusting in the seen and unseen things that are happening in their brains. Just seeing these changes in a month, after waiting for years, for Johanna, it gives us hope that one day she will be headache free and see clearly.

I would like to see more people know about this therapy! There are so many head injuries from car accidents and sports.....stroke victims, really any neurological issues can be helped with this. I have learned that the eyes are more than just for vision sake. Its a window for the brain, as are the ears. Waking up the brain through all the stimulation that this therapy gives has limitless possibilities.

Thank You for what you are doing!