Vision Problem Checklist

Any of the following problems may indicate a functional visual problem. Do you or your child:

- □ Skip words while reading or copying
- □ Loses place while reading or copying
- □ Skip lines while reading or copying
- □ Substitute words while reading or copying
- □ Reread words or lines
- □ Reverse letters, numbers or words
- □ Use a finger or marker to keep place while reading and/or writing
- □ Read very slowly
- □ Poor reading comprehension (unless read to)
- □ Difficulty remembering what has been read
- □ Holds head too close when reading and/or writing
- □ Squint, close, or cover one eye while reading
- □ Unusual posture/head tilt when reading/computer work
- □ Headaches following intense reading/computer work
- □ Eyes hurt or feel tired after close work
- □ Feel unusually tired after completing a visual task
- □ Double Vision
- □ Eyesight blurs at distance when looking up from near work
- □ Print seems to move or go in and out of focus
- □ Letters and/or lines “run together” or words “jump” when reading
- □ Crooked and/or poorly spaced handwriting
- □ Misaligned letters and/or numbers
- □ Make errors when copying
- □ Poor spelling skills
- □ Difficulty tracking moving objects
- □ Poor concentration abilities
□ Unusual clumsiness
□ Difficulty with sports requiring good eye-hand coordination
□ Feel sleepy when reading
□ Dislike tasks requiring sustained concentration
□ Avoid near tasks such as reading
□ Confuse right and left directions
□ Restlessness when working at a desk
□ Lose awareness of surroundings when concentrating
□ Must “feel” things to see them
□ Motion and/or car sickness
□ Unusual blinking
□ Unusual eye rubbing
□ Dry eyes
□ Watery eyes
□ Red eyes
□ Light sensitivity
□ Turns paper when writing on it to write easier

Score: _____

**Scoring Criteria:**
10-15 points total = Possible functional vision problems
16-25 points total = Probable functional vision problems
Over 25 points total = Definite functional vision problems