

VISIONMANN OPTOMETRISTS * DR SANDY MANN * DR ANDREW MANN
CONTACT LENS WEARERS AGREEMENT 201606 **281-298-2020 * 409-924-9994 * 409-729-0999**

Dr Mann's goals for every contact lens patient are maintaining ocular health while providing good vision and comfort. It is not possible to determine in advance whether or not you will be a successful contact lens wearer, due to the many factors which can influence your success. These include: your expectations; unusual prescription, corneal shape or eyelid anatomy; manual dexterity; allergies; tearfilm quality; use of certain medications; willingness to return for follow-on care; improper lens care; and inability to follow lens care instructions or wearing schedule. Please discuss any factors you think may be potential problems with the doctor before initiating the lens fitting or evaluation process.

To achieve a successful fit, Dr Mann prescribes contact lenses on a diagnostic basis. The fee for this procedure covers a complete vision and eye health examination and contact lens work-up to determine the most appropriate lenses and up to ____ subsequent follow-on visit. Additional fees will be charged in cases where extra follow-on visits are required. If we have your lenses in stock you will be fit in them today; if not, we will order trial lenses in case of disposables or we will write a 'tentative' prescription from which to order non-disposable contact lenses. Make sure that the optician filling the prescription will allow exchanges if necessary. In neither case can the 'definite' prescription be determined at the initial visit. The prescription only exists once you have worn the contacts for several days and **returned WEARING THE LENSES** reporting good vision and comfort and the doctor has determined that the lenses are fitting satisfactorily. (In some cases lenses can feel fine and still fit badly, causing corneal damage). Multiple visits and lens changes are often required when fitting specialty lenses such as RGPs, torics (astigmatic lenses) and bifocals.

The NON-REFUNDABLE charge for your eye examination, contact lens evaluation in _____

contacts, and follow-on visits is \$ _____. (If insurance is valid \$ _____). No refund will be made, even if follow-on appointments are not made or kept, regardless of whether you can wear your lenses or not. Additional fees will be charged if you return for follow-on care more than 6 weeks after your initial examination, as changes can occur, necessitating additional testing and evaluation. The evaluation fee covers evaluation of and a prescription for a certain type and brand of lens on your eye. By law the doctor has to vouch that a specific lens fits properly. The doctor will discuss with you your alternatives and the best type of lens for your needs before you and the doctor decide together which type of lens to wear. **PLEASE INFORM THE DOCTOR IF YOU WANT TO BE FIT IN A DIFFERENT BRAND OR TYPE OR COLOUR OF LENS TO THE ONE LISTED ABOVE BEFORE YOU TAKE YOUR PRESCRIPTION OR PUT YOUR TRIAL LENSES ON.** Should you want a prescription for additional types/brands/designs of lenses, additional visits will need to be made and additional evaluation fees will apply.

The charge for the above-mentioned contact lenses is _____ per lens/per box.

Opened boxes of disposable contact lenses are not returnable and not refundable. Neither are boxes with any damage or marks or glue or labels or writing on them. We will typically exchange non-disposable lenses at no charge within 30 days if necessary to achieve an optimum fit. However, if you are reevaluated in a different, more expensive brand or type of lens, you will need to pay the difference in lens cost, in addition to any additional reevaluation fees. If you decide to discontinue wear within 60 days and return your non-disposable contact lenses in their original condition you will be issued an in-store credit for their original cost less a 20% return fee. Lenses are not returnable after 60 days.

The prescription for contact lenses is valid for 12 months. Thereafter you will not be able to replace any contact lens without first having a full eye exam and contact lens evaluation. If you buy less than a one year supply of contact lenses, you do so against our recommendation. If your contact lens product is discontinued or becomes unavailable before your Rx runs out, you will have to pay for a re-examination and a new contact lens evaluation.

Contact lens wearers are more prone to ocular irritation and infection than non-wearers. This risk is minimal when doctor recommendations regarding lens care, maintenance and wearing time are followed. The fitting and evaluation fee above does not include evaluation and care of 'red eyes' (irritated or infected eyes) whether they are related to lens wear or unrelated to lens wear.

If you have never worn lenses before or have not worn them for some time it is best to start wearing the lenses for about 6 hours the first day. Most lenses can be worn for 8 to 12 hours the second day. If you experience any discomfort, remove the lenses immediately.

Even if your lenses are sold as "extended wear" lenses, sleeping in lenses *significantly* increases your risk of developing eye irritation or infection, including a sight threatening corneal ulcer. The cornea is deprived of oxygen and of the ability to dispose of waste products during lens wear and when the eyes are shut. This leads to swelling (which causes blurry vision and sensitivity to light), new blood vessel growth (which opacifies the cornea) and decreased resistance to microorganisms. Lenses produce fewer problems when they are removed at least an hour before closing the eyes in the evening, and you have back up glasses to wear every evening and at other times when contact lenses cannot safely be worn. **Backup glasses are required for successful contact lens wear.**

Your starter kit of _____ includes instructions for your review at home. Please note that contacts cannot be stored in simple saline solution as it can become infected leading to an eye infection. A *disinfection, storage or multipurpose solution* must be used even with disposable contact lenses. **NO SOLUTION CAN BE USED MORE THAN ONCE** – discard it every time you open your lens case. Do not top off old solution. Remember that spare lenses or stored lenses, once opened, carry a significant risk of becoming infected with sight-threatening organisms.

Contact lenses should not be exposed to water (including pool or hot-tub water) as even treated or chlorinated water has microorganisms in it.

As a rule, the more frequently contacts are replaced, the cleaner and healthier they are. Dirt on lenses acts as an allergen & abrasive to the ocular surface and provides food for microbes, encouraging infection. Rubbing your lenses upon removal will more effectively remove deposits than not rubbing - 'NO-RUB' on solutions is a marketing gimmick. Going beyond the FDA recommended disposal schedule for your lenses increases your risk of problems such as **GIANT PAPILLARY CONJUNCTIVITIS (GPC)** where contact wear has to be discontinued for months. Contact cases should be cleaned with your contact solution, not water; cases should be replaced monthly to lower the risk of culturing microorganisms (and thus causing infection).

If dryness or mild irritation occurs, you could be allergic to the preservatives in your multipurpose solution or rewetting drops. Switching to 1-day disposable contacts could eliminate this problem; alternately, eliminating preservatives may solve the problem. The best solutions are peroxide solutions such as Sauflon or Clearcare, which have insignificant preservatives and high microbial kill rates. Sauflon & Clearcare needs to be used with **PRESERVATIVE FREE SALINE** to further avoid the toxicity of preservatives. **NON-PRESERVED** lubricants such as Thera Tears, Optive, Visine Tears or Refresh Plus can be instilled during contact lens wear.

Contact lenses should not be used when you are suffering from an outbreak of Herpes Simplex, i.e. a fever blister. Contact use at this time increases your risk of infecting your cornea with the Herpes Virus. Discontinue lens wear until 21 days after your fever blister has resolved. Eye drops other than ones recommended by your doctor should not be used with contacts in place. The preservatives in the drops will attach to the lenses, making you allergic to them. Eye drops containing steroid add the significant risk of predisposing patients to a Herpes keratitis. If you are prescribed a steroid drop, do not use your contact lenses. Even when you have finished using the steroid, some risk persists. Do not resume contact wear until the doctor has advised you that it is reasonably safe to do so.

If you wear monovision contacts (one eye for near and one for far) or bifocal contact lenses you should avoid driving or operating machinery with your lenses until you have adapted to their visual limitations; when you do drive, exercise caution. Monovision contact lenses do not satisfy State law regarding legal driving vision, and a pair of driving glasses to be worn over the contact lenses is required to drive legally. Monovision will decrease depth perception slightly, so be cautious in situations where judgement of depth is required. If concerned about night driving do not use these contact lenses at night. Many monovision wearers carry a 3rd lens for distance to be used as needed.

Any contact lens wearer can develop problems which can lead to loss of vision. If at any time your lenses become uncomfortable, your eyes get red, or your vision becomes blurry, remove your contact lenses, **wear your glasses** and see Dr Mann or go to your nearest emergency room immediately. Please do not leave the office unless you are comfortable with contact lens insertion and removal and lens care and all your questions have been answered. In case of any questions, please call the office and speak to Dr Mann personally, if necessary. **I UNDERSTAND AND AGREE TO THE ABOVE STATEMENTS.**

Patient Signature _____ Witness _____ Date _____