

## **Hyperemesis**

Continue your Zofran that you got Friday Take pyridoxine B6 25mg 3 times a day every day and Unisom 12.5 mg every 6 -8 hours for nausea and Ginger 500mg every 8 hours. Eat small frequent meals Stay on high potassium diet Take thiamine 50mg every day since you have had symptoms more than 3 weeks. Eat simple carbohydrates and foods low in fat and not spicy