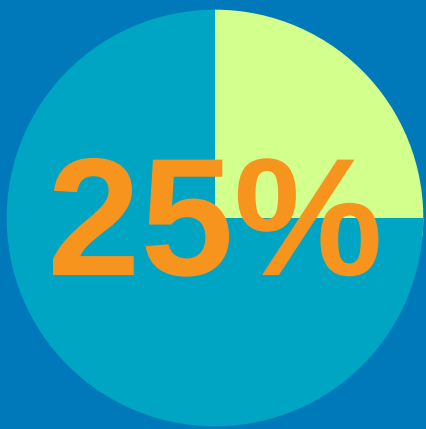
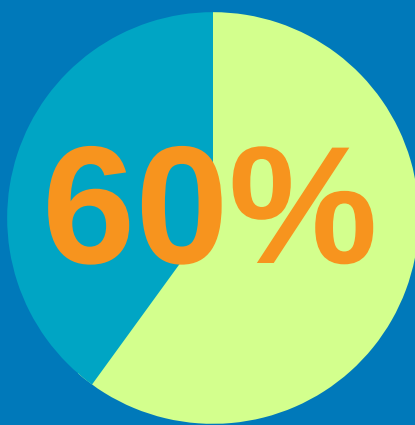


Check eye exams off your back-to-school list

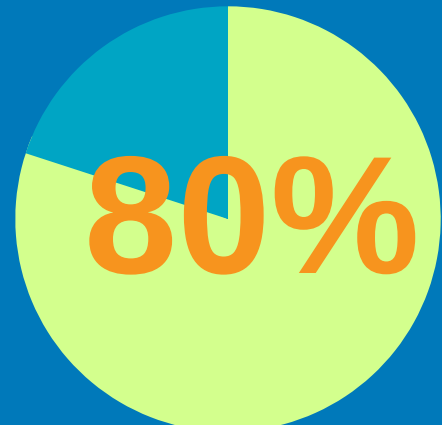
THE IMPORTANCE OF ANNUAL EYE EXAMS



25% of children have some form of vision problem.



60% of children with literacy challenges have undiagnosed vision problems.



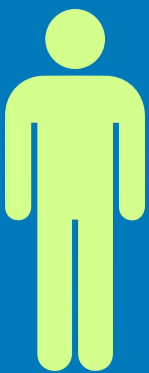
80% of children's classroom learning is visual.



10% of children **under 4** have had an OHIP-insured comprehensive eye exam.



14% of children **under 6** have had an OHIP-insured comprehensive eye exam.



28% of children **under 19** have had an OHIP-insured comprehensive eye exam.

SIGNS OF A VISION PROBLEM

- Avoids near reading work
- Poor reading comprehension
- Short attention span
- Holds reading material too close

VISION CAN AFFECT SPORTS PERFORMANCE

- Hand-eye coordination
- Depth perception
- Eye tracking ability

The Ontario Association of Optometrists (OAO) suggests children have a comprehensive eye examination at **6 months, 3 years of age and every 12 months afterward** or as recommended by the optometrist.

ADD **EYE EXAMS** TO YOUR BACK-TO-SCHOOL CHECKLIST TO **MAKE SURE YOUR CHILD'S EYES AND VISION ARE 'GRADE A' THIS SCHOOL YEAR!**



Eye exams



Binders



Running shoes



Pens and pencils