



RETINAL HEALTH CHECK

There are two way the retina can be examined. We would like you to choose one or both of the following options for your exam. It is recommended to have a dilated eye exam on your first visit with us and every few years thereafter.

Option 1

Dilation of the Pupil

Eye drops are used to enlarge the pupil. These drops will cause your vision to be blurred and your eyes to be sensitive to light for a few hours. This is the standard for eye health exams and should be done from time to time depending on your situation.

Option 2

Optomap Retinal Imaging System

This new technology offers a great view of the retina, without dilating drops. It takes just a few seconds to do and offers a number of other advantages such as creating a permanent record of your retina for your medical file as well as the ability to show you images of your retina during today's visit. This test is an additional \$39.

PLEASE CHOOSE ONE

1. I understand that the dilation drops may blur my vision for a few hours and choose to have dilation drops used for my retinal exam.

Signature _____

OR

2. I understand that the Optomap retinal imaging system costs \$39 and choose to have it used for my retinal exam.

Signature _____

Are you Diabetic?

Our doctors dilate all of our diabetic patients because vision lost to diabetic retinopathy is preventable. Early detection and treatment can reduce the risk of blindness by 95 percent. Because diabetic retinopathy often lacks early symptoms, people with diabetes need a comprehensive dilated eye exam at least once a year. Your primary care doctor will also be provided with documentation that you have had a dilated eye exam when provider information is given.