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Myopia History Questionnaire

Patient: _____

Date: _____

Myopic (nearsighted) = A condition in which the eyes focus more closely than needed and distance vision is blurry.

PLEASE CIRCLE THE BEST ANSWER TO EACH QUESTION BELOW

- | | | | |
|---------------------------------------------------------------|-------------|--------------|---------------------|
| Are the patient's parents myopic? | No | One | Both |
| Are the patient's parents <u>very</u> nearsighted? | No | One | Both |
| At what age was the patient with first diagnosed with Myopia? | < 5 years | 6 to 9 years | > 10 years |
| How worried are you about their Myopia? | Not | A little | A lot |
| How fast to you think that their vision is getting worse? | Not | Slowly | Quickly |
| How much time per day is spent studying? | Very little | 1 Hour | Greater than 1 hour |
| How much time per day is spent reading for fun? | Very little | 1 Hour | Greater than 1 hour |
| How much time per day with a device (phone/iPad/3D)? | Very little | 1 Hour | Greater than 1 hour |
| How much time per day is spent outside? | Very little | 1 Hour | Greater than 1 hour |
| How often is distance vision blurry after close work? | Never | Rarely | Frequently |
| Does the patient use (circle all) | Glasses | Contacts | Ortho-k |
| Have you employed myopia control methods in the past? | Yes | No | |

If so, what: _____

Additional comments:
